



5th ANNUAL RALLY FOR RECOVERY WALK AND 5K RUN

Sponsored by the Recovery Support Foundation
benefiting the Rutherford/Cannon County Drug Court to
obtain supportive housing for the participants

WHEN: SATURDAY, August 21, 2010
7:30 A.M. Start Time
Race Day Registration begins at 6:30 A.M.

WHERE: The Gateway Island off Medical Center Parkway

ENTRY FEE: \$25 if paid by August 1, 2010
\$30 after August 1, 2010
All persons under 17 years old \$15

T-shirts guaranteed to all participants registered before
August 1st, refreshments, and prizes.

AWARDS: Overall Top Male & Female Runner; Top 3 Male and Female
Runners in each age category. Age categories for the run: 12 and under;
13 – 17; 18-21; 22 – 29; 30 – 39; 40 – 49; 50 – 59; 60 – 69; 70 and over.
Fitness walk, no awards will be given.

REGISTRATION FORM

Make checks payable to:

Rutherford/Cannon County Recovery Support Foundation

and mail to 303 North Church St, Murfreesboro, TN 37130

Run: _____ Walk: _____ Date of Birth: _____/_____/_____

Gender: Male _____ Female _____

Name: _____

T-Shirt: XXL _____ XL _____ L _____ M _____

Address: _____

Age on Race Day: _____

Email: _____

Phone: _____